Patient-Centered MAT Retention: Shifting the Paradigm

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LifeLong Medical Care

www.lifelongmedical.org
Who is LifeLong Medical Care?

16 primary care health centers
66k patients
250 providers
125k visits in 2018
What does LifeLong MAT look like?

- **23** months of data
- **7** health centers
- **16** providers
- **149** inductions
- **106** active patients
LifeLong MAT Net Growth (Jan17-Nov18)

Patient-Centered MAT Retention
What should we be doing differently?

MAT retention data collection and analysis should reflect the natural history of addiction recovery.
How could we do it differently?

**Monthly cohort:** group of patients inducted in a particular month

Data set: January 2017 – June 2018 (18 monthly cohorts of inducted patients)

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<th>Traditional retention tracking</th>
<th>Patient-centered retention tracking</th>
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<td>Examines ongoing MAT in six-month intervals.</td>
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<td>Patients that drop from MAT and return <strong>rejoin</strong> original patient cohort.</td>
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What do the differences look like at 6 months?

% active at 6 mos.

Induction month – six months later

LifeLong Medical Care

Patient-Centered MAT Retention
What do the differences look like at 12 months?

Patient-Centered MAT Retention
What do the differences look like at 18 months?

18 month retention PC
18 month retention Trad

Induction month – 18 months later
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### Why do patients leave?

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<th>Reason for drop from care</th>
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<td>Total # patients dropped from care</td>
<td>92</td>
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<tr>
<td>Deceased</td>
<td>3 (3.3%)</td>
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<tr>
<td>Lost to follow-up as of Nov. 18</td>
<td>74 (80.4%)</td>
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<tr>
<td>Relocation out of area</td>
<td>5 (5.4%)</td>
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<tr>
<td>Taper to sobriety</td>
<td>4 (4.3%)</td>
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<tr>
<td>Transfer to MAT community partner</td>
<td>6 (6.5%)</td>
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16% of patients leave MAT without necessarily relapsing.
Who does this impact?

Patient-Centered MAT Retention

Policy

Care team

Patient