#### SF Bay Area Collaborative Research Network A partnership of community clinicians, practices and UCSF

#### SF Bay CRN eNews - Summer, 2018

Dear Colleagues and Friends,

We hope you are enjoying the last few days of summer! As you know, SFBayCRN is UCSF's primary health care practice-based research network, supported by the UCSF Clinical and Translational Science Institute. We offer <u>free</u> <u>initial consultations</u> on practice-based research, support the development of practice-based research partnerships, and sponsor an annual meeting bringing together researchers,



health care leaders, primary care clinicians and community stakeholders each spring. If you are interested in learning more about SFBayCRN, visit: <u>www.sfbaycrn.org</u>. You can also follow us on Twitter at @UCSF\_CCE.

Best Regards, Mike Potter, SFBayCRN Director James Rouse Iñiguez, SFBayCRN Manager

# <u>Research & Practice Notes from Around the Network:</u> Connection to Health research project reaches an important milestone

Connection to Health is a 5-year NHLBI-funded project designed to help diabetes patients cared for in community health centers to achieve their health goals through action planning. Congratulations to the following health centers for completing nearly action plans with nearly 400 patients in the last year: La Clinica de la Raza (Concord and Transit Village sites), LifeLong Medical Care (Brookside and West Berkeley sites), and Contra Costa Health Services (Pittsburg and West County sites). In the second phase of the project we will be working with additional sites from La Clinica de la Raza, as well as

Silver Avenue Health Center in San Francisco and Petaluma Health Center sites in both Petaluma and Rohnert Park. We are excited to welcome these new clinical sites aboard!



# San Francisco Cancer Initiative (SF CAN) Supports Colorectal Cancer Screening in the San Francisco Community Clinic Consortium

SF CAN is a citywide community partnership sponsored by the **UCSF Helen Diller Family Comprehensive Cancer Center** focused on reducing the burden of cancer in San Francisco. We are pleased to have helped facilitate a partnership between <u>SF CAN</u> the <u>San Francisco Community Clinic Consortium</u> that has awarding small grants and technical assistance to more than half a dozen clinics to examine their colorectal cancer screening practices and participate in activities that will increase the reach and quality of their programs. For more information SF CAN, visit their website or take a look at the article from *Health Affairs* that is listed at the end of this newsletter.

## CavityFreeSF: Reducing Oral Health Disparities Among Children in San Francisco

**CavityFree SF** is a city-wide program to prevent cavities in children who often lack access to good dental care. Successful strategies have included integrating oral health examinations and fluoride varnish during well child examinations in health centers around the city that see the majority of these children. It's making a difference! For more information on how your practice can get involved, please visit the website and contact SFBayCRN steering committee member, <u>Dr. Lisa Chung</u>.



### October Networking and Training Opportunities: 12<sup>th</sup> Annual Health Disparities Research Symposium on October 12<sup>th</sup> at UCSF

This annual meeting is a terrific opportunity to learn about the latest and most important research in health disparities, much of which is relevant to clinical practice. This year the keynote speaker for the 12th Symposium will be Joseph R. Betancourt, MD, MPH, Director of the Disparities Solutions Center. Registration is required to attend this event. For more information and to register, <u>click here</u>.



Attendees at last year's <u>11th Annual Health Disparities Research</u> <u>Symposium</u> at UCSF Mission Bay Conference Center on Friday, October 13, 2017.

# Health Coach Training with the UCSF Center for Excellence in Primary Care

The UCSF Center for Excellence in Primary Care (CEPC) is once again offering its nationally acclaimed health coach training. Trainings offered by CEPC are based on adult-learning theory and principles, using a highly interactive approach. During the course, participants will practice new skills and receive feedback in real-time from trainers and fellow participants.

For clinics using or thinking about using health coaches to improve clinical outcomes, this is training you will not want to miss!

- <u>Practice Coaching for Primary Care</u> <u>Transformation Training</u>, Oct 2-5, 2018 in San Francisco
- <u>HIV Health Coach Training</u>, Oct 23-25, 2018 in San Francisco

For more information contact <u>Chris Chinos</u>, Project Manager with the CEPC.



## Welcome to New Steering Committee Members:

We are both fortunate and excited to be welcoming several new SFBayCRN Steering Committee Members and look forward to introducing them all to you over the year. In this newsletter we welcome the first three: Lisa Chung, Danielle Hessler-Jones, and Jack Westfall



Lisa is Associate Clinical Professor in Preventative & Restorative Dental Sciences and has been actively engaged with UCSF's Community Engagement and Health Policy Program for several years. She is co-lead of *CavityFreeSF* which is making a major impact on the oral health of children in San Francisco.





Danielle is Vice Chair for Research in the UCSF Department of Family and Community Medicine and has led several studies seeking ways to help primary care teams address the social, behavioral, and medical needs of patients with diabetes.

Jack is a nationally recognized leader in the practice-based research movement, having co-authored a <u>seminal paper</u> in JAMA on the topic that is still worth reading today. Jack recently moved to from Colorado to the bay area where he is Medical Director for Whole Person Care at Santa Clara Valley Medical Center.

Featured Publications from SFBayCRN Researchers:

Patient engagement in community health center leadership: How does it happen? Sharma AE, Huang B, Knox M, Willard-Grace R, Potter MB. J Community Health. 2018 May 18. Doi: 10.1007/s10900-018-0523-z. (ePub ahead of print)

<u>The San Francisco Cancer Initiative: A Community Effort to Reduce the Population Burden of Cancer.</u> Hiatt RA, Sibley A, Fejerman L, Glantz S, Nguyen T, Pasick R, Palmer N, Perkins A, Potter MB, Somsouk M, Vargas RA, van 't Veer LJ, Ashworth A. Health Aff (Millwood). 2018 Jan; 37(1):54-61. Doi: 10.1377/hlthaff.2017.1260

<u>A practical framework for encouraging and supporting positive behaviour change in diabetes.</u> Fisher L, Polonsky WH, Hessler D, Potter MB Diabet Med. 2017 Dec;34(12):1658-1666. doi:10.1111/dme.13414. ePub 2017 Jul 28

To learn more about SFBayCRN, or if you have a story or project you would like us to feature in an upcoming newsletter, please visit us at: **www.sfbaycrn.org.** You may also follow us on Twitter at @UCSF\_CCE.