Dear Friends,

As we welcome Spring and embrace the sun it is time to spread hope. We look forward to advancing relationships forged during the pandemic and the continued support of diverse research.

The San Francisco Bay Collaborative Research Network (SFBayCRN) is UCSF’s primary health care practice-based research network, supported by the UCSF Clinical and Translational Science Institute.

We offer free initial consultations on practice-based research issues for our members.

To learn more about SFBayCRN, please visit: https://consult.ucsf.edu/sfbaycrn

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**HERE with Community!**

**SFBayCRN Project Identifies Recommendations to Support Academic-Community Health Center Research Partnerships**

Over the last 18 months, SFBayCRN researchers James Harrison and Nynikka Palmer have led a PCORI-funded project called “HERE with Community” (Health Equity covid-19 REsearch with Community health centers). This project engaged UCSF researchers, community health center (CHC) leaders and staff, and CHC patient and community stakeholders to identify the infrastructure and resources needed to support and strengthen partnerships between the CHCs, academic institutions and the community. Recommendations from this project can be used to facilitate stakeholder-engaged health equity focused COVID-19 research. We are grateful to the San Francisco Community Clinic Consortium, the BCH-Oakland FQHC, and the Family Healthcare Network in Fresno and their many community stakeholders for their partnership on HERE with Community. Preliminary findings were presented at the SFBayCRN Annual Meeting and can be viewed [here](https://consult.ucsf.edu/sfbaycrn).

![Pictured: “HERE with Community” Advisory Board at the Annual SFBayCRN Meeting](image)

**Training in Practice-Based Research (TIPR):**

**New UCSF-supported Research Elective Launches in 10 Community-Based Residency Training Programs**

With support from CTSI and important contributions from UCSF-affiliated and community-based residency program faculty, SFBayCRN has developed an online curriculum that introduces trainees to the principles of practice-based research and supports them to design and complete a locally mentored research project in alignment with ACGME requirements. The goal is to provide a rigorous introduction to research for community-
based trainees who may want to participate in research as a part of their future careers. The first cohort includes 41 residency trainees at 10 residency programs spread across 8 communities (Fresno, Martinez, Richmond, Salinas, San Jose, Santa Rosa, Walnut Creek, and Vallejo). For more information about TIPR and how your local residency program can participate in the future, contact Saji Mansur (saji.mansur@ucsf.edu).

**SFBayCRN Research Updates:**

*Smoking Cessation in the Context of Complex Social Needs:* Shortly before the pandemic, SFBayCRN completed a pilot smoking cessation research program in collaboration with Contra Costa Health Services supported by California’s Tobacco-Related Disease Research Program. Our first paper from the study was published in *Patient Education and Research* and can be accessed here. We recently presented findings from our TRDRP-supported smoking cessation study at a CDC consortium meeting. You may view the recorded webinar on this link.

*The Value of Enhanced Self-Management Support from Health Educators to Improve Outcomes in Type 2 Diabetes:* SFBayCRN is delighted to share results of our 5-year NIH-funded study called “Connection to Health”, which demonstrated significant improvements in health-related behaviors and social needs (food, utilities) for patients enrolled in either of two different self-management support programs. A key finding established added mental health benefits, with greater decreases in diabetes distress and stress for those enrolled in the version of the program delivered by health educators with special training in patient engagement. Many thanks to Contra Costa Health Services, La Clinica, LifeLong Medical Care, Marin Community Clinics, and Petaluma Health Center for their collaboration and commitment that allowed us to complete this study successfully! Study results were recently published and can be accessed here.

**Call for Abstracts:**

*16th Annual Health Equity and Anti-Racism Symposium*

The UCSF Health Equity and Anti-Racism (HEAR) Symposium showcases research and action to advance health equity and anti-racism. The annual event builds community among health equity-focused researchers across disciplines and facilitates connection and collaboration across UCSF and the wider community. Submissions that focus on health equity, anti-racism research, and health and healthcare disparities are welcomed. The symposium is scheduled for October 2023 in-person in San Francisco. Details for submissions and accessible accommodation can be found here.