SF Bay CRN eNews

Winter 2022

Dear Friends,

As we welcome the new year and settle in for winter, we hope your holidays were spent with family and friends. Here's to 2022 being the year we return to normalcy and get back to in person interactions within our communities.

The San Francisco Bay Collaborative Research Network (SFBayCRN) is UCSF's primary health care practice-based research network, supported by the UCSF Clinical and Translational Science Institute.

We offer free initial consultations on practice-based research issues for our members.

To learn more about SFBayCRN, please visit: https://consult.ucsf.edu/sfbaycrn



SF Bay Collaborative Research Network

A UCSF-supported partnership of community clinicians, practices and researchers

SFBayCRN Webinar on Friday, January 28th, 12-1pm:

Rebecca Etz, PhD – Larry A. Green Center for the Advancement of Primary Care for the Public Good



Dr. Rebecca Etz will host a very exciting and informative webinar, entitled: *COVID 19 in California Safety Net Settings: Learning from the Experiences of Primary Care Clinicals and their Patients.* Dr. Etz will share and reflect on what she and her team have learned through

monthly surveys of primary care clinicians (including many SFBayCRN members) and their patients through the course of the COVID-19 pandemic. **Please Register to Attend:** <u>ZOOM LINK</u>

SFBayCRN Steering Committee Transitions



Marilyn Stebbins, PharmD



Crystal Zhou, PharmD

Congratulations to **Dr. Marilyn Stebbins**, who will be retiring from UCSF this winter. We would like to express our gratitude for her many years of service as a member of the SFBayCRN Steering Committee and wish her the very best in her new endeavors. Please also welcome **Dr. Crystal Zhou**, who will be replacing Marilyn as our UCSF School of Pharmacy representative. Crystal is a passionate pharmacy educator and clinician with experience as a preceptor in both areas of study. Her work focuses on bringing care to communities and implementing innovative models of pharmacy practice. One such example is the Bay Area barbershop hypertension program helping low socioeconomic status individuals manage hypertension remotely.

Mike Potter, MD SBayCRN Director

Saji Mansur, MPH SFBayCRN Coordinator

Featured SFBayCRN Research

New Study Documents and Challenges the Use of Race-Based Hypertension Treatment Guidelines in Primary Care



Congratulations to **Hunter Holt**, **MD**, **MAS**, our recently-graduated SFBayCRN research fellow, for leading us through an analysis of clinical data from UCSF, the San Francisco Department of Public Health, and Contra Costa Health Services demonstrating that race-based guidelines for hypertension management are still followed by many clinicians, and that these guidelines may not be beneficial. Hunter has accepted a faculty position at the University of Illinois, in Chicago and we will miss him very much.

Please view the press release and link to the article by clicking here.

Hunter K Holt, MD, MAS; Ginny Gildengorin, PhD; Leah Karliner, MD, MAS; Valy Fontil, MD, MAS, MPH; Rajiv Pramanik, MD; Michael B Potter, MD. **Differences in Hypertension Medication Prescribing for African Americans and Their Association with Hypertension Outcomes in Three Health Systems**. Journal of the American Board of Family Medicine.

<u>Calling all health care providers and healers in the trauma</u> network of care

The UCSF Center for Nature and Health needs your input

Nature has been recognized as one of seven evidence-based "stress busters" for California's state-wide initiative to prevent, heal and treat Adverse Childhood Experiences. While the research on nature and health is rapidly increasing in quantity and quality, it has not yet been synthesized into a resiliency framework which is easily accessible to clinicians and communities. To help us gauge interest in partnerships with outdoor agencies, please access the ACE-aware and nature survey here. Every survey entry completed before February 1st will be entered into a drawing to win a \$225 gift card.

Anti-Racism Pilot Grants for UCSF Researchers UCSF Office of Research commits to supporting equitable research conduct

The Research Development Office (RDO) hopes to build capacity for research on racism in biomedical disciplines as well as research using antiracist and racial equity approaches. The anti-racism research seed grant will be funded via Resource Allocation Program (RAP) and supported by Academic Senate, UCSF Clinical and Translational Science Institute and the school of Medicine's Research Evaluation and Allocation committee. **Please follow this** <u>link</u> for more information.